**Dr (Lt Col) R Varadarajulu, VSM,**

**MD(InternalMedicine),Diplomate National Board Examinations(Neurology)FRCP(EDIN)**

**375 Jal Vayu Vihar, Bangalore -43 India**

**Tel: 91-9880101778**

**E-mail:** [varadarajuludr@gmail.com](mailto:varadarajuludr@gmail.com)

**OBJECTIVE**

To impart service,training and research in the ecosystem I work in.

**EDUCATION/ TRAINING**

|  |  |  |  |
| --- | --- | --- | --- |
| **Degree/**  **Grade** | **Institution** | **Year of Completion** | **Details** |
| 10th | St. Joseph’s College, Allahabad | 1975 | First 100 successful students nation wide |
| 12th | Dayalbagh Educational Institute, Agra | 1977 | First in the state of Uttar Pradesh in biology stream of students. |
| MBBS | Armed Forces Medical College, Pune, India | 1981 | Distinction in Medicine and being conferred with 4 gold medals by the University for standing First among all successful candidates in Medicine. |
| MD (Internal Medicine) | Armed Forces Medical College, Pune, India | 1987 | Stood first among all successful candidates and was appointed as teaching faculty in Department of medicine AFMC |
| Diplomate National Board Examinations India (Neurology) | National Institute of Neurosciences Bangalore and National Academy of Medical Sciences | 1996 | Successful in first attempt |

**MILITARY SERVICE**

|  |  |  |  |
| --- | --- | --- | --- |
| **Designation** | **Unit** | **Location** | **Years** |
| Intern Medical Officer | Command Hospital (Southern Command) | Pune, Maharashtra | 1981-1982 |
| Regimental Medical Officer | Special Mountain Commando Unit | Field Service | 1982-1984 |
| Medical Officer | Military Hospital | Chennai | 1984-1985 |

|  |  |  |  |
| --- | --- | --- | --- |
| Trainee in Medicine | Armed Forces Medical College | Pune, Maharashtra | 1985-1987 |
| Graded Specialist in Medicine and Clinical Tutor | Armed Forces Medical College | Pune, Maharashtra | 1987-1990 |
| Graded Specialist in Medicine | Special Frontier Force Hospital | Field Service | 1990-1992 |
| Post Doctoral Training in Neurology | National Institute of Neurosciences | Bangalore | 1992-1994 |
| Graded Specialist in Medicine and Neurology | Army Hospital | New Delhi | 1994-1996 |
| Classified Specialist in Medicine and Neurology | Army Hospital Research and Referral | New Delhi | 1996-1998 |
| Associate Professor in Medicine and Neurophysician | Armed Forces Medical College | Pune, Maharashtra | 1998-2004 |
| Professor of Medicine and Classified Specialist in Neurology | Command Hospital Airforce | Bangalore | 2004-2005 |

**POST- MILITARY**

**WORK EXPERIENCE**

2006-2007 Consultant Neurologist

Columbia Asia Hospitals Bangalore

2007- 2015 Senior Consultant Neurophysician Baptist Hospital

Bangalore

2015-2016 Consultant Neurologist

Royal Bahrain Hospitals Bahrain

2017- 2018

2016- 2020

2020-2023

Senior Consultant Neurophysician and Stroke Neurologist Brains –Neurospine Hospital

Bangalore

HOD

Neurology

BANGALORE BAPTIST HOSPITAL

HOD NEUROLOGY

MVJ MEDICAL COLLEGE AND HOSPITAL

BANGALORE

**ACADEMIA Teaching Experience**

1987-1990 Assistant Professor and Clinical Tutor In Medicine Armed Forces Medical College, Pune

1994-1998 Postgraduate Teacher in Medicine and Neurology Army Hospital Delhi And Army Hospital Research And Referral, New Delhi

1998-2004 Associate Professor in Medicine and Neurology Armed Forces Medical College, Pune

2004-2005

2020-2023 Professor of Medicine

Postgraduate Dept of Medicine Command Hospital Airforce, Bangalore

PROFESSOR MEDICINE AND NEUROLOGY MVJ MEDICAL COLLEGE

# Examinership

1998-2004 Undergraduate examiner for Pune University Manipal University, Mumbai University and Kolhapur University

2004-2005 Postgraduate examiner for Rajiv Gandhi University, Bangalore

**SOCIAL WORK**

# Disaster management experience

|  |  |
| --- | --- |
| 1984 | Indian Space Research Organisation, Sriharikota |
|  | Flood Relief Operations, Bay Of Bengal |
| 1983/84 | (Rescuing stranded personnel from the marooned island hit by cyclone)  Snow and avalanche rescue operations, Western Himalayas |
| 1996 | Plague epidemic and dengue epidemic, New Delhi |

**Social work**

Working with Spastics Society of India

Consultant to Elder Care (an organization providing assisted living facilities)

**MEMBERSHIP** American Academy of Neurology

Neurological Society of India Associations of Physicians of India

Neurosciences Group Armed Forces Medical Services

**HONOURS**

**AND AWARDS**

**PUBLISHED**

**PAPERS**

1981 University Gold Medal Graduate Course

Standing first in university in medicine with distinction marks.

1985 VishishtSeva Medal

Given by the President of India.

For distinguished service of exceptional order.

1987 President’s Gold Medal

For standing first among all successful post graduates in medicine.

1988 Director General Armed Forces Gold Medal For standing first injunior command course.

1990 Lt Gen R S Hoon Award

Best research work in field of medicine.

1. [The readability of editorials in popular Indian medical journals.](http://www.ncbi.nlm.nih.gov/pubmed/24251216)

Kumar KV, Aravinda K, Varadarajulu RN.

Indian J Endocrinol Metab. 2013 Oct;17(Suppl 1):S363-6. doi: 10.4103/2230- 8210.119626

1. [Beta-interferons in multiple sclerosis: a single center experience in India.](http://www.ncbi.nlm.nih.gov/pubmed/20814498)

Gupta S, Varadarajulu R, Ganjoo RK.

Ann Indian Acad Neurol. 2010 Apr;13(2):132-5. doi: 10.4103/0972-2327.64624.

1. [Von Willebrand Disease : A Clinico-haematological Spectrum.](http://www.ncbi.nlm.nih.gov/pubmed/27407671)

Mishra DK, Chaturvedi A, Sharma A, Subramanya H, Kumar H, Varadarajulu R, Anand KP.

Med J Armed Forces India. 2004 Oct;60(4):337-41. doi: 10.1016/S0377- 1237(04)80006-6. Epub 2011 Jul 21

ISSN: 0377-

1237

1. [Distal spinal muscular atrophy.](http://www.ncbi.nlm.nih.gov/pubmed/15260402)

Muthukrishnan J, Varadarajulu R, Mehta SR, Singh AP. J Assoc Physicians India. 2003 Nov;51:1113-5

ISSN 0004-

5772

1. [HIV-associated dementia and caudate atrophy.](http://www.ncbi.nlm.nih.gov/pubmed/15260394)

Mehta SR, Muthukrishnan J, Varadarajulu R.

J Assoc Physicians India. 2003 Nov;51:1078. No abstract available.

ISSN 0004-

5772

1. [Cerebral Venous Sinus Thrombosis : A Great Masquerader.](http://www.ncbi.nlm.nih.gov/pubmed/27407656)

Mehta SR, Muthukrishnan J, Varadarajulu R, Gupta A.

Med J Armed Forces India. 2004 Jul;60(3):299-301. doi: 10.1016/S0377- 1237(04)80072-8. Epub 2011 Jul 21. No abstract available.

ISSN: 0377-

1237

1. [HIV-associated dementia and caudate atrophy.](http://www.ncbi.nlm.nih.gov/pubmed/14651141)

Mehta SR, Muthukrishnan J, Varadarajulu R.

J Assoc Physicians India. 2003 Aug;51:790. No abstract available.

ISSN 0004-

5772

1. [Dissecting Aortic Aneurysm Presenting as Superior Vena Cava Syndrome.](http://www.ncbi.nlm.nih.gov/pubmed/27407401)

Gupta S, Varadarajulu R, Mehta SR, Mehdi S, Kumar K.

Med J Armed Forces India. 2002 Jul;58(3):273-4. doi: 10.1016/S0377-1237(02)80150-

2. Epub 2011 Jul 21. No abstract available

ISSN: 0377-

1237

1. [A fatal case of systemic brucellosis.](http://www.ncbi.nlm.nih.gov/pubmed/11996446)

Gupta S, Varadarajulu R, Mehta SR, Jaswal DS, Mehdi S, Kumar K, Mishra A. J Assoc Physicians India. 2001 Dec;49:1200-2

ISSN 0004-

5772

1. [Cerebral venous thrombosis in a patient of paroxysmal nocturnal](http://www.ncbi.nlm.nih.gov/pubmed/11573565) [haemoglobinuria following aplastic anaemia.](http://www.ncbi.nlm.nih.gov/pubmed/11573565)

Hassan KM, Varadarajulu R, Sharma SK, Motwani H, Mishra DK, Dhall A, Mohapatro AK.

ISSN 0004-

5772

|  |  |
| --- | --- |
| J Assoc Physicians India. 2001 Jul;49:753-5.  **11.** [A young woman with intractable diarrhoea.](http://www.ncbi.nlm.nih.gov/pubmed/11161088) |  |
| Kashyap AS, Varadarajulu R, Kashyap S. | ISSN 0032- |
| Postgrad Med J. 2001 Feb;77(904):124-5, 133. No abstract available. | 5473 |
| **12.** [Neurological manifestations of malignant diseases.](http://www.ncbi.nlm.nih.gov/pubmed/1960151) |  |
| Varadarajulu R, Narayanaswamy AS, Kasthuri AS. | ISSN 0004- |
| J Assoc Physicians India. 1991 May;39(5):377-8. | 5772 |
| **13.** [Extra-intestinal manifestations of shigellosis.](http://www.ncbi.nlm.nih.gov/pubmed/2695518) |  |
| Kasthuri AS, Varadarajulu R, Nagpal AK. | ISSN 0004- |
| J Assoc Physicians India. 1989 Aug;37(8):552. No abstract available. | 5772 |